



EXERCISE FOR LIFE

GCRA Ltd, Office 6, Turriff Business Centre, Markethill Industrial Estate, Turriff, AB53 4AG
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MEMBERSHIP APPLICATION FORM

MEMBERSHIP FEE £10.00 for 12 months.

I wish to become a member of GCRA Ltd and enclose a cheque/cash for £10.00.

Your details will be stored electronically on our database and will be used to contact you for membership renewals and to send you any updates from GCRA, including news & events.

Please contact the GCRA office if you do not wish to receive any GCRA updates

Name: Mr/Mrs/Miss/Ms.....(Please use CAPITALS)

Address:

Postcode:

Tel: Email:.....

Name of Class or Classes Attending.....

How did you hear about GCRA? (Please tick the appropriate box and complete)

- Signposted by an NHS community rehabilitation programme
Signposted by an NHS professional (e.g. physio/nurse/OT)
Signposted by a community exercise programme
Other (e.g. GCRA+ website/Facebook/poster/leaflet/event)
Returning Member

Signed: Date:.....

(Office use only) Membership Number: Renewal Date:

Handwritten signature line

Receipt: GCRA Ltd

Received from: The sum of £10.00

Signed for and on behalf of GCRA:

Date:

